



#### **THRIVE**

#### Pg 17 Acrostic One

A. Jamaica rum, B. Ordinariness, C. Heartbeat, D. Namby-pambies, E. Yesterday, F. Unwarranted, G. Dislocate, H. Keepsakes, I. Inane, J. Nodded off, K. Password, L. Hobnobbing, M. Yellowcake, N. Shipwright, O. Intentness, P. Open-ended, Q. Lollipops, R. Outweighed, S. Glitterati, T. Youthfulness

A-T: JOHN YUDKIN, PHYSIOLOGY

TEXT: Widely panned after its initial release and now seen by many as a prophetic work, this professor's 1972 book *Pure*, *White And Deadly* suggested a major link between the consumption of sugar and health problems including obesity and diabetes.

#### **NEST**

### Pg 45 Starwords

Topaz, Diamond, Ruby, Pearl, Peridot; AMBER

#### **GLOW**

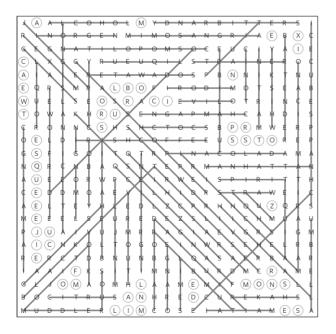
## Pq 55 The White Mouse

 $A=15, B=5, C=20, D=2, E=18, F=13, G=6, H=1, I=14, K=4, L=9, M=16, \\ N=7, O=8, P=22, R=12, S=11, T=3, U=17, V=21, W=10, Y=19, Z=23 \\ ERIN BROCKOVICH$ 

#### NOURISH

## Pg 80 Wordsearch Four

ANSWER: A Mexican elbow, or citrus press, to squeeze juice from lemons and limes



#### **CREATE**

## Pg 95 Colour-in

ANSWER: Ideas are the root of creation

#### **EXPLORE**

# Pg 108 Quest

Violin, Piano, Bagpipes, Flute, Guitar, Harmonica, Harp, Bassoon, Banjo, Trumpet, Tambourine, Cello, Saxophone, Xylophone.
ANSWER: DRUMS

