

ENCHANT YOUR MIND
WITH *INSPIRING* PUZZLES

Audrey

DAYBOOK

Issue 12
Competition
Solutions



WELLBEING // COMMUNITY // FOOD // CRAFT // TRAVEL

Pg 17 ACROSTIC ONE

A. Belligerent, B. Empathy, C. Compasses, D. Otherworldly, E. Readjusting,
 F. Tattered, G. Iodine, H. Splashdown, I. Orientation, J. Lawnmowers,
 K. Cemeteries, L. Obnoxiously, M. Nightmarish, N. Skylarking,
 O. Camaraderie, P. *In The Willows*, Q. Orderlies, R. Unworthy,
 S. Skulduggery

A-S: BE CORTISOL CONSCIOUS

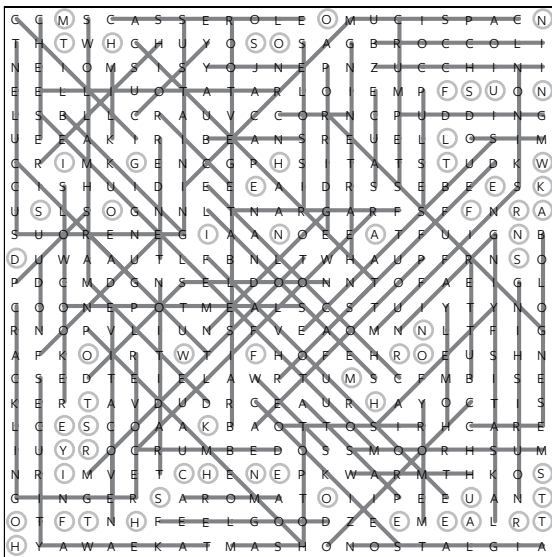
TEXT: Gruelling and extended workouts are rapidly being replaced with high- intensity, low impact training regimes. Shorter workouts are less likely to release stress hormones, which slow down your metabolism and may lead to injury.

Pg 35 THE WHITE MOUSE

A=4, B=9, C=18, D=19, E=8, G=21, H=5, I=13, L=17, M=1, N=3, O=14, P=7, R=15,
 S=6, T=12, U=11, V=2, W=20, Y=10, Z=16

SANDRA OH

Pg 63 WORDSEARCH



Months of sunlight, weeks of rain and snow from the sky,
 richness out of the earth

Pg 83 COLOUR-IN CIPHER

Radiate love and compassion

Pg 95 STARWORDS

Rumba, Tango, Samba, Bolero, Foxtrot; MAMBO.

Pg 108 QUEST

Tibia, Mach, M, Pie, Bear, Q, *Delight*, K, Procession, Goat, Supersonic, Pi,
 Tea, Humorous.
 Leftover word: RADIUS.

CONGRATULATIONS TO OUR WINNERS

- Acrostic:** J Crettenden, 5631. E Zell, 2820.
 - The White Mouse:** V Bousels, 2287.
 - Wordsearch Three:** L Richards, 2601. E Close, 2615.
 - Colour-in Cipher:** S Herminghouse, 6021 NZ.
 - Starwords:** L Bale, 2251.
 - Quest:** J Culham, 2539. B Brady, 2479.
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