

WELLBEING // CONNECTION // CRAFT // FOOD // TRAVEL

MINDFUL PUZZLES

Issue 33
COMPETITION
SOLUTIONS

33
ISSUE

Save Your **Brain** | Words To **Uplift** | Learning To **Fly** | Wit & **Wisdom** | Escape **Artist** | Making **Her** Mark
Solve & **Win** | A **Feast** To Remember | **Patchwork** | The **Market** | **Flying** Colours | **Wordsearch**

Solutions

Pg 15 ACROSTIC

A. Timelessness, B. Heiresses, C. Embarks, D. Shopaholic, E. Encroached, F. Looked after, G. Faucet, H. Childhood, I. Lectures, J. Evasiveness, K. Addressed, L. Nicole Kidman, M. Initiation, N. Narrator, O. Groundsmen, P. Hatchback, Q. Overshadows, R. Unpublished, S. Switchblade, T. Edit

A-T: THE SELF-CLEANING HOUSE

TEXT: Frances Gabe's dislike of domestic chores inspired her invention. Bookshelves dust themselves, kitchen cupboards double as dishwashers, clothes are laundered and dried in the closet and each room is like an automatic car wash.

Pg 32-33 WORDSMITH

V	I	C	I	N	I	T	Y	S	A	U	C	I	N	E	S	S	R	A	V	E	N	O	U	S
A	O	E	A	U	D	I	O	O	O	A	E	S	O	P	N	G	O							
G	O	O	D	W	I	L	L	G	R	A	V	I	T	A	T	E	B	O	R	D	E	R	E	D
U	L	Y	L	E	A	N	T	E	E	I	M	P	E	L	O	E	A							
E	N	S	U	E	C	A	R	T	I	S	A	N	O	O	W	A	S	P	S					
U	R	A	I	S	I	N	G	O	M	V	F	L	A	G	G	E	D	H						
F	R	I	A	R	T	R	E	A	T	S	A	E	U	L	O	G	Y	D	A	L	A	I		
S	N	U	A	Y	E	G	G	O	N	O	O	A	P	S										
R	E	L	I	A	N	T	P	E	A	T	E	G	A	G	S	C	L	U	T	T	E	R		
E	U	S	A	P	R	I	T	E	J	E	W	S	R	O	T	O	E							
C	L	A	M	O	U	R	E	D	L	E	C	T	U	R	E	R	E	P	A	I	R	I	N	G
O	U	P	R	O	G	R	A	M	C	N	R	U	P	E	R	T	M	E						
V	A	C	A	T	E	O	E	E	T	C	F	L	S	A	L	M	O	N						
E	T	I	B	R	O	S	N	A	N	T	R	A	C	I	N	G	L	E	E					
R	H	I	N	O	S	P	T	A	I	I	N	S	I	N	N	E	R							
A	O	N	A	V	I	E	S	R	O	R	E	G	A	T	T	A	S	A						
B	A	N	D	S	T	A	N	D	S	C	I	E	N	C	E	S	T	R	O	N	G	E	S	T
L	I	I	T	S	C	H	I	C	S	A	S	H	M	A	N	R	E							
E	N	D	E	A	R	S	C	H	E	R	T	S	T	E	M	M	E	N	A	C	E	D		
O	D	E	B	A	C	H	U	N	K	R	A	D	N	N										
S	T	O	O	P	U	P	H	I	L	L	T	E	M	B	E	D	S	R	A	I	D	S		
R	T	W	O	R	K	M	E	N	E	O	T	S	N	O	O	K	E	R	E					
R	E	I	N	S	U	L	A	D	D	R	E	S	S	V	M	C	Y	N	D	I				
A	D	S	L	A	M	P	S	E	A	W	A	Y	N	E	Y	I	N							
T	R	A	P	E	Z	E	S	A	C	Q	U	I	T	T	A	L	C	O	N	C	O	C	T	S
E	H	S	L	A	S	O	C	E	B	A	C	O	N	L	H	E								
D	O	O	R	S	T	E	P	S	T	E	E	P	N	E	S	S	S	E	V	E	R	E	S	T

ANSWER: Let yourself love.

Pg 41 CROSS-STITCH

P	A	R	C	E	L	W	O	R	L	D
O	P	E	R	A	B	A	Z	A	A	R
S	P	L	I	T	S	V	O	I	C	E
E	L	I	T	E	S	E	N	S	E	S
R	E	T	I	R	E	R	E	E	D	S
S	C	G	A	S	D	Y				
T	E	F	O	G	P	F				
W	I	N	C	E	O	R	I	G	I	N
I	N	C	H	E	S	E	L	A	T	E
S	P	O	O	L	S	A	L	U	T	E
T	U	R	K	E	Y	C	A	G	E	D
S	T	E	E	R	S	H	R	E	D	S

ANSWER: Be still.

Pg 55 STARWORDS

Ariel, Othello, Hamlet, Macbeth, Oberon.

SOLUTION: Romeo.

Pg 59 THE WHITE MOUSE

A=12, B=5, C=3, D=4, E=16, F=22, G=9, H=20, I=21, K=7, L=1, M=11, N=18, O=2, P=23, R=10, S=13, T=19, U=6, V=15, W=17, X=8, Y=14

SOLUTION: Hertha Ayrton

Pg 61 COLOUR-IN CIPHER

SOLUTION: Be grateful for the life you have.

Pg 88 WORDSEARCH

E	S	S	A	R	G	N	O	M	E	L	I	O	T	U	N	O	O	C	I	T	I	
C	E	P	S	E	E	U	A	S	A	J	G	O	O	N	U	T	M	I	L	K	O	
U	C	E	E	W	G	G	A	H	U	R	H	C	A	N	I	P	S	R	E	T	A	W
T	U	A	T	A	E	U	N	Y	C	K	E	O	I	R	E	N	I	M	S	A	J	E
T	A	R	S	O	N	E	A	I	A	T	O	F	U	D	L	O	R	R	S	G	N	
E	S	M	A	G	R	U	T	S	G	F	L	N	E	O	N	N	E	E	E	I		
U	R	P	H	R	T	C	N	F	Y	B	U	N	B	U	B	P	Y	L	W			
P	E	N	Y	T	L	O	A	G	O	O	G	A	M	T	O	M	P	O	R	M		
P	T	T	R	O	S	L	Y	C	I	R	S	A	S	U	F	M	N	U	E	L	A	L
A	S	R	R	O	P	K	I	S	D	L	N	N	I	S	E	C	C	P	C	G	A	
E	Y	E	U	R	C	O	H	U	L	B	O	V	E	G	R	U	E	E	S	P		
N	O	D	C	O	C	U	Y	F	G	M	B	E	E	N	C	Y	L	C	T	G	H	R
T	C	N	R	E	D	W	O	P	O	I	P	S	E	V	I	F	G	R	A			
P	A	U	E	A	S	T	P	N	A	L	Y	S	N	T	A	R	O	R	H	P	I	W
E	T	R	E	T	A	A	O	N	I	E	T	E	U	S	C	T	H	W	L	M	N	
P	O	R	R	O	P	O	S	M	C	A	E	R	S	U	M	G	O	S	E	A	P	C
P	P	Y	G	A	D	P	E	U	R	Y	M	N	O	D	D	U	R	I	A	N	P	R
E	T	P	Y	L	R	J	A	A	R	E	D	N	A	I	R	O	C	A	P	T	A	A
R	E	A	E	O	U	S	N	S	R	S	I	N	E	K	O	I	H	C	B	A	S	C
M	E	S	U	I	Y	I	E	I	S	T	O	O	H	S	O	O	B	M	A	B	T	K
W	T	C	O	S	S	C	M	U	S	T	A	R	D	C	A	B	B	A	G	E		
N	S	E	S	E	V	A	E	L	N	A	D	N	A	P	A	L	M	S	U	G	A	R
T	I	U	R	F	N	O	G	A	R	D	N	I	R	A	M	A	T	E	M	P	E	H

ANSWER: It is a journey of discovery for the senses.

Pg 98 QUEST

Port, Fin, Queen, Red, Strawberry, Normandy, Starboard, Green, King, Apple, Kiss, Champagne, Finn, Rudder.

LEFTOVER WORD: Island.

