

# MINDFUL

# PUZZLES

Issue 34  
COMPETITION  
SOLUTIONS

# Solutions

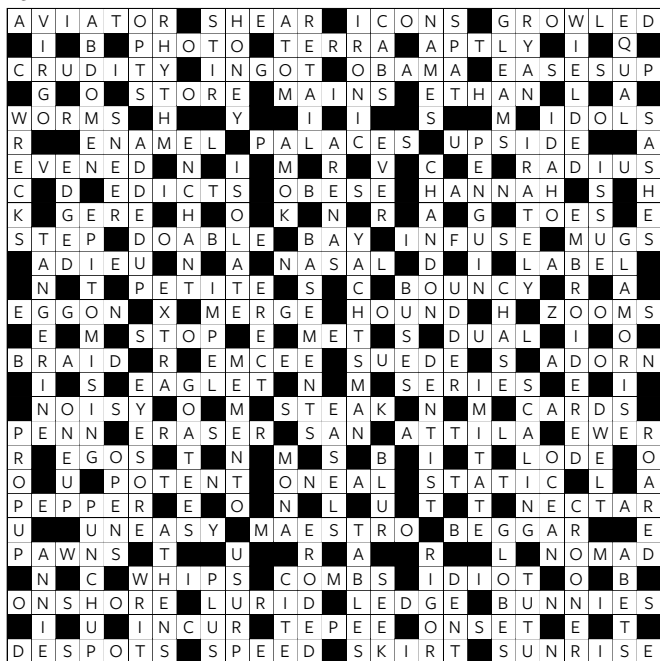
## Pg 15 ACROSTIC

A. Fulfils, B. Obsessiveness, C. Unconscious, D. Rattlers, E. Detonate, F. Attentiveness, G. Year's Eve, H. Whippersnapper, I. Offhand, J. Retentive, K. Knowingly, L. Inimitability, M. Notre, N. Grammatical, O. Whimpered, P. Enchiladas, Q. Ephemeral, R. Kitchenettes

## A-R: FOUR-DAY WORKING WEEK

TEXT: Recent trials have shown that implementation of this concept, while keeping the same pay rate, resulted in an improvement in staff wellbeing, a decrease in stress levels and, key for business, a 25% rise in productivity.

## Pg 32-33 WORDSMITH



ANSWER: Imagination is key.

## Pg 41 CROSS-STITCH



ANSWER: Wait and see.

## Pg 55 STARWORDS

Diamond, Rectangle, Hexagon, Triangle, Pentagon  
SOLUTION: Octagon.

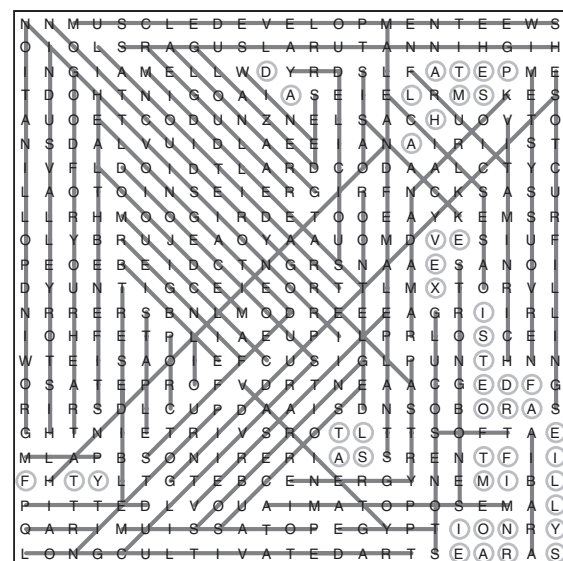
## Pg 59 THE WHITE MOUSE

A=14, B=12, C=9, D=2, E=8, G=15, H=20, I=1, L=4, M=3, N=5, O=11, P=17, R=7, S=10, T=16, U=13, V=21, W=6, Y=19, Z=18  
SOLUTION: Martine Rothblatt.

## Pg 61 COLOUR-IN CIPHER

SOLUTION: Be the star of your own show. Shine bright and be bold.

## Pg 88 WORDSEARCH



ANSWER: Date palms have existed for at least fifty million years.

## Pg 98 QUEST

Mezzanine, Frisbee, Bulls, Ribbons, Rabbit, Swiss, Strike, Flags, Magazine, Sheep, Mozzarella, Dutch, Yo-yo, Trouble.  
LEFTOVER WORD: Brother.

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