

MINDFUL PUZZLES

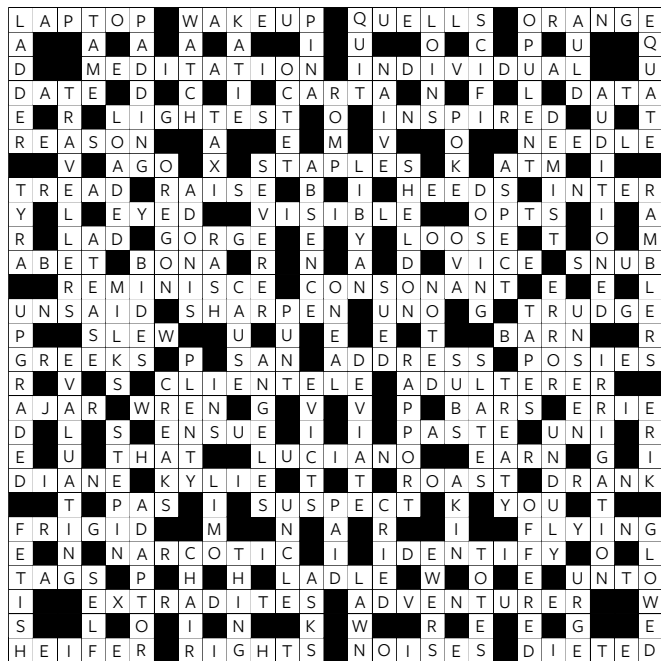
Issue 41 COMPETITION SOLUTIONS

Pg 15 ACROSTIC

A. Hereafter, B. Icebreaker, C. Luncheons, D. Ditched, E. Eagle-eyed, F. Glimmers, G. Antennae, H. Rotations, I. Down payment, J. Overseers, K. Fish and chips, L. Bananas, M. Impeccably, N. Newsworthy, O. Godmother, P. Exclaim, Q. Nutshell, R. Otter, S. Scholarships, T. Brainchild
A-T: Hildegard of Bingen, OSB

TEXT: A 12th-century German abbess and herbalist known for her holistic approach to healing, she penned several texts on medicine. A recent study shows many of her herbal remedies align closely with modern medical practices.

Pg 32-33 WORDSMITH



SOLUTION: Walking on sunshine.

Pg 41 CROSS-STITCH



SOLUTION: Fondness.

Pg 55 STARWORDS

Krakatoa, Vesuvius, Stromboli, Pinatubo, Etna.
SOLUTION: Kilauea.

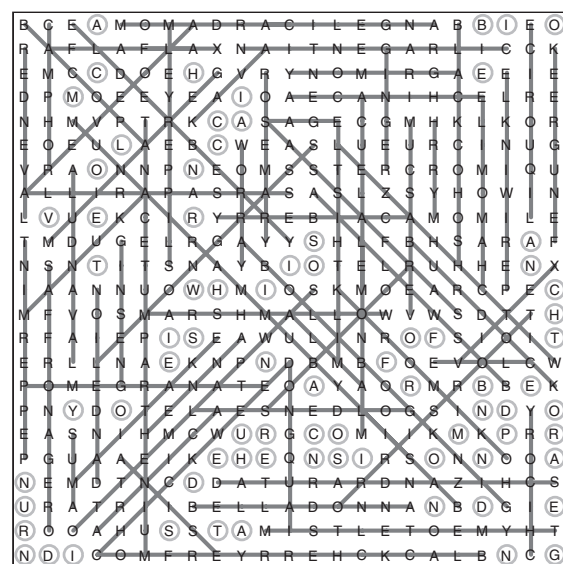
Pg 59 THE WHITE MOUSE

A=8, B=1, C=21, D=15, E=11, F=10, G=22, H=16, I=5, K=4, L=13, M=6, N=9, O=14, P=20, R=3, S=17, T=19, U=7, V=2, W=12, Y=18
SOLUTION: Stephanie Kwolek

Pg 61 COLOUR-IN

SOLUTION: Patience is the art of hoping.

Pg 88 WINNING WORDSEARCH



SOLUTION: A biochemical conversation which is often far beyond our comprehension and understanding.

Pg 98 QUEST

Pollock, Chisel, Pike, Russian, Uncle, Jive, Dalmatian, Marlin, Sisters, Twist, Cuban, Grandfather, Bass, Mallet.

LEFTOVER WORD: Wick.

