

MINDFUL PUZZLES

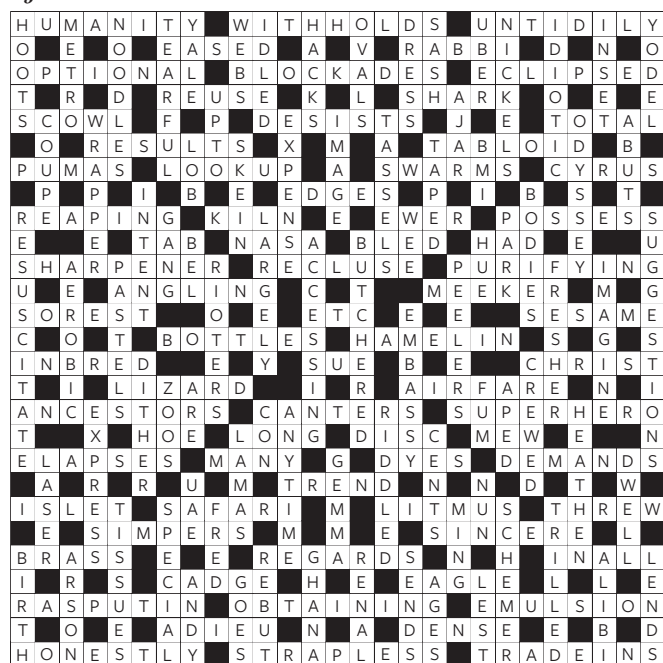
Issue 42 COMPETITION SOLUTIONS

Pg 15 ACROSTIC

A. Antoinette, **B.** Responsibly, **C.** Offhandedly, **D.** Matchmaking,
E. Anglo-Saxon, **F.** Tia Maria, **G.** Hostesses, **H.** Enormity, **I.** Reiteration,
J. Aerodrome, **K.** Posted, **L.** Youth hostel, **M.** Lamented, **N.** Anchorwoman,
O. Visibility, **P.** Emery, **Q.** Nightfall, **R.** Drumsticks, **S.** Ease off, **T.** Rapunzel.
A-T: Aromatherapy, lavender

TEXT: This natural remedy works by stimulating the amygdala
 - the brain's emotional centre, also key to memory formation.
 Lavandula remains one of the most cherished oils, prized for its
 soothing effects on pain, anxiety and sleep.

Pg 32-33 WORDSMITH



SOLUTION: Enjoy the moment.

Pg 41 CROSS-STITCH



SOLUTION: Grace.

Pg 55 STARWORDS

Pottery, Patchwork, Sewing, Macrame, Quilting.
SOLUTION: Origami.

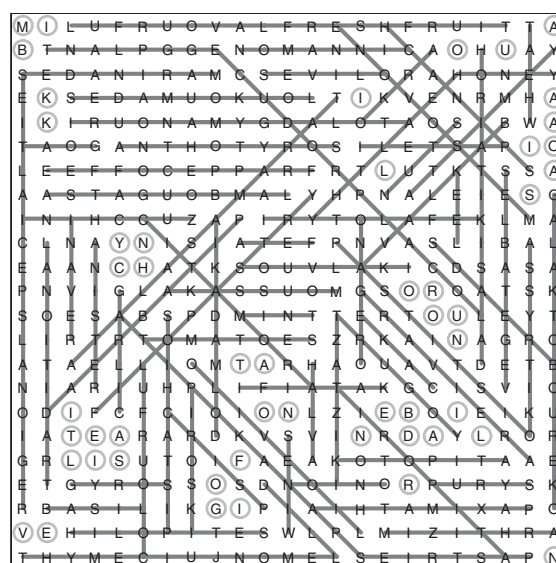
Pg 59 THE WHITE MOUSE

A=14, B=20, C=10, D=18, E=5, F=25, G=17, H=23, I=13, J=19, K=1, L=12,
 M=21, N=2, O=16, P=8, Q=24, R=7, S=6, T=22, U=3, V=9, W=4, X=15, Y=11.
SOLUTION: Marie-Anne Boivin.

Pg 61 COLOUR-IN

SOLUTION: Discover your inner strength.

Pg 88 WINNING WORDSEARCH



SOLUTION: Mia boukiá kai óla synchronoúntai, one bite and all is forgiven.

Pg 98 QUEST

Mercury, Driver, Past, Jupiter, Tulip, Tiger, Future, Iron,
 Jaguar, Venus, Silicon, Devil, Present, Daisy.
LEFTOVER WORD: Wisteria.

